

Your First Week with Supercharged Math

Welcome! This first week is all about starting simply. You do not need to plan the whole year right now. The goal is to choose a good starting point, complete one lesson, and build a simple rhythm your family can keep using.

This Week's Goal

By the end of this week, your student should have completed one teacher lesson, tried one assignment, and chosen one weekly support option if needed. That is enough to begin.

First Week Checklist

- ☐ Choose your student's starting course, or take the [Quick Math Assessment](#) if you are not sure where to begin
- ☐ Print only this week's assignment sheet and workbook pages
- ☐ Watch the first teacher lesson
- ☐ Complete the first assignment
- ☐ Check the answers and notice what your student did correctly *before* fixing mistakes
- ☐ Choose one [weekly support session](#) as your math anchor
- ☐ Use [On-Demand Tutoring or Study Hall](#) if your student gets stuck
- ☐ Write down one math win from the week! (*next page*)

My Student's Starting Plan

Student name: _____

Starting course: _____

This week's lesson: _____

Best days/times for math this week: _____

Weekly support session we may attend: _____

One Math Win from This Week

A math win can be small. Maybe your student completed the first lesson, tried a hard problem, asked for help, reviewed an old skill, or felt a little more confident.

This week's math win: _____

If Math Feels Hard This Week

Pause and reset. It is better to slow down and build confidence than to push ahead and create frustration.

Try one of these:

- ☐ Shorten the lesson
- ☐ Do fewer problems
- ☐ Review an easier topic
- ☐ [Ask for help](#)
- ☐ End on one problem your student can do successfully

You are not behind. This first week is about getting started!